



April 2024

All  
Students  
Eat for  
FREE!



## ACA II BREAKFAST

### MONDAYS

Cereal & String Cheese  
Fruit & Juice

### TUESDAYS

Yogurt with Grahams  
Fruit & Juice

### WEDNESDAYS

Mini Cinnis  
Fruit & Juice

### THURSDAYS

Chocolate Muffin Top  
Fruit & Juice

### FRIDAYS

Bagel with Cream Cheese  
Fruit & Juice

### *Combo Meal includes*

Special of the Day *RBST-Free!*  
1% White Milk or Non-Fat Chocolate  
Milk Variety of Fruits  
Juice

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE.**

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## ACA II LUNCH

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>No Meals</b>	<b>2</b> Chicken Chow Mein Celery Sticks Orange Assorted Juice	<b>3</b> Popcorn Chicken with 1 Roll Fresh Broccoli Banana	<b>4</b> Egg Roll with Fried Rice Refried Beans Apple	<b>5</b> Bosco Sticks (V) Marinara Sauce Corn Diced Peaches
<b>8</b> Chicken on a Bun Mixed Vegetables Pear	<b>9</b> Mac & Cheese (V) Celery Sticks Orange Assorted Juice	<b>10</b> Cheese Enchiladas with Green Sauce (V) Fresh Broccoli Banana	<b>11</b> Carnitas Burrito Bowl (P) Refried Beans Apple	<b>12</b> Galaxy Cheese Pizza (V) Corn Diced Peaches
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Spring Break</b>				
<b>22</b> Chicken on a Bun Mixed Vegetables Pear	<b>23</b> Mac & Cheese (V) Celery Sticks Orange Assorted Juice	<b>24</b> Cheese Enchiladas with Green Sauce (V) Fresh Broccoli Banana	<b>25</b> Carnitas Burrito Bowl (P) Refried Beans Apple	<b>26</b> Galaxy Cheese Pizza (V) Corn Diced Peaches
<b>29</b> Cheesy Meat Nachos Mixed Vegetables Pear	<b>30</b> Chicken Chow Mein Celery Sticks Orange Assorted Juice			

P=Contains Pork V=Vegetarian

### *Combo Meals includes:*

Entree Special  
Fruit or Juice of the Day (1/2 cup)  
Vegetable of the Day (1/2 cup)  
Baby Carrots (1/2 cup)  
(Must take 1/2 cup Fruit or Vegetable)  
Choice of 1% White Milk *RBST-Free!*  
or Non-Fat Chocolate Milk

Allergies? A form to request substitutions is available in the cafeteria.

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Nutrition Services  
**ANTIOCH**  
 USD  
 (925)779-7600,  
 Option 2

# April 2024

## ACA II SNACK MENU

All Grain Products served at Snack are Whole Grain!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>No Meals</b>	2 Scooby Doo (WG) 1% White Milk	3 Blueberry Muffin Top (WG) Sunflower Seeds	4 Cheez-Its (WG) String Cheese	5 Tiger Bites Chocolate Grahams (WG) NF Chocolate Milk
8 Nacho Cheese Chips (WG) 6 oz. Apple Juice	9 4 oz. Strawberry Yogurt Cup Graham Crackers (WG)	10 Pretzels (WG) Sunflower Seeds	11 Bug Bites (WG) String Cheese	12 Goldfish (WG) NF Chocolate Milk
15	<b>Spring Break</b>			19
22 Nacho Cheese Chips (WG) 6 oz. Apple Juice	23 4 oz. Strawberry Yogurt Cup Graham Crackers (WG)	24 Pretzels (WG) Sunflower Seeds	25 Bug Bites (WG) String Cheese	26 Goldfish (WG) NF Chocolate Milk
29 Cool Ranch Chips (WG) 6 oz. Apple Juice	30 Scooby Doo (WG) 1% White Milk			

WG= Whole Grain    NF=Non-Fat

**Students must take BOTH components.**

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