



February 2024

ACA I BREAKFAST



MONDAYS

Cereal & String Cheese
Fruit & Juice

TUESDAYS

Yogurt with Grahams
Fruit & Juice

WEDNESDAYS

Mini Cinnis
Fruit & Juice

THURSDAYS

Chocolate Muffin Top
Fruit & Juice

FRIDAYS

Bagel with Cream Cheese
Fruit & Juice

Combo Meal includes

Special of the Day *RBST-Free!*
1% White Milk or Non-Fat Chocolate
Milk Variety of Fruits
Juice

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.
MENU SUBJECT TO CHANGE WITHOUT NOTICE.

February 2024

ACA I LUNCH

All
Students
Eat for
FREE!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Spaghetti with Meat Sauce Assorted Fruits & Veggies	2 Galaxy Pepperoni Pizza Assorted Fruits & Veggies
5 Carnitas Burrito Bowl (P) Assorted Fruits & Veggies	6 Chicken Chow Mein Assorted Fruits & Veggies	7 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies	8 Egg Roll with Fried Rice Assorted Fruits & Veggies	9 Bosco Sticks (V) Assorted Fruits & Veggies
12 Turkey Sub Assorted Fruits & Veggies	13 Chicken on a Bun Assorted Fruits & Veggies	14 Cheese Enchiladas with Green Sauce (V) Assorted Fruits & Veggies	15 Spaghetti with Meat Sauce Assorted Fruits & Veggies	16 Galaxy Pepperoni Pizza Assorted Fruits & Veggies
19	20	21	22	23
FEBRUARY BREAK				
26 Mac & Cheese (V) Assorted Fruits & Veggies	27 Chicken on a Bun Assorted Fruits & Veggies	28 Cheese Enchiladas with Green Sauce (V) Assorted Fruits & Veggies	29 Spaghetti with Meat Sauce Assorted Fruits & Veggies	

P=Contains Pork V=Vegetarian

Offered Daily:

- *Bean & Cheese Burrito (V)
- *Sunbutter & Jelly Sandwich (Vegan)

Alternates for Grades 6th-8th Students:

- *Monday- Mandarin Chicken with Chow Mein
- *Tuesday- Beef Chili & Cheese Burrito
- *Wednesday- Breaded Hot N Spicy Drumstick with Fried Rice
- *Thursday-Farm Fresh Italian & Provolone Sandwich
- *Friday- Spicy Chicken on a Bun
- *Offered Daily-Lone Tree Broiler & Primo Pizza: Cheese (V) or Pepperoni & Olives (P)

Combo Meals includes:

Entree Special
Fruit or Juice of the Day (1/2 cup)
Vegetable of the Day (1/2 cup) &
Baby Carrots (1/4 cup)
(Must take 1/2 cup Fruit or Vegetable)
Choice of 1% White Milk *RBST-Free!*
or Non-Fat Chocolate Milk

Allergies? A form to request substitutions is available in the cafeteria.

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ACA I SUPPER

All Grain Products served at Supper are Whole Grain!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Caesar Twist (WG) Refried Beans Apple	2 Strawberry Yogurt & 1 Roll (V, WG) Paradise Punch Juice Craisins
5 Sunbutter & Jelly Sandwich (V, WG) Green Beans Pear	6 Grilled Cheese Sandwich (V, WG) Broccoli Orange	7 Turkey Sub (WG) Cucumbers Banana	8 Chicken Caesar Twist (WG) Refried Beans Apple	9 Strawberry Yogurt & 1 Roll (V, WG) Paradise Punch Juice Craisins
12 Sunbutter & Jelly Sandwich (V, WG) Green Beans Pear	13 Grilled Cheese Sandwich (V, WG) Broccoli Orange	14 Turkey Sub (WG) Cucumbers Banana	15 Chicken Caesar Twist (WG) Refried Beans Apple	16 Strawberry Yogurt & 1 Roll (V, WG) Paradise Punch Juice Craisins
19	20	21	22	23
FEBRUARY BREAK				
26 Sunbutter & Jelly Sandwich (V, WG) Green Beans Pear	27 Grilled Cheese Sandwich (V, WG) Broccoli Orange	28 Turkey Sub (WG) Cucumbers Banana	29 Chicken Caesar Twist (WG) Refried Beans Apple	

WG= Whole Grain P=Contains Pork V=Vegetarian

Students must select 3 of the 5 food components:

- 1/2 cup Vegetable (Bag of Carrots or other veggie)
- 1/4 cup Fruit (1 Piece of fruit or Craisins)
- Grains/Bread (1 oz. equivalent)
- Meat/Meat Alternate (2 oz. equivalent)
- 1% White Milk or Non-Fat Chocolate Milk (8 oz.)

Examples:

Entree + Milk
Entree + Fruit
Fruit + Vegetable + Milk

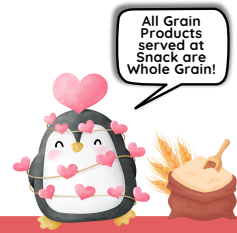
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ACA I SNACK MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bug Bites (WG) String Cheese	2 Goldfish (WG) NF Chocolate Milk
5 Cool Ranch Chips (WG) 6 oz. Apple Juice	6 Scooby Doo (WG) 1% White Milk	7 Blueberry Muffin Top (WG) Sunflower Seeds	8 Cheez-Its (WG) String Cheese	9 Tiger Bites Chocolate Grahams (WG) NF Chocolate Milk
12 Nacho Cheese Chips (WG) 6 oz. Apple Juice	13 4 oz. Strawberry Yogurt Cup Graham Crackers (WG)	14 Pretzels (WG) Sunflower Seeds	15 Bug Bites (WG) String Cheese	16 Goldfish (WG) NF Chocolate Milk
19	20	21	22	23
FEBRUARY BREAK				
26 Nacho Cheese Chips (WG) 6 oz. Apple Juice	27 4 oz. Strawberry Yogurt Cup Graham Crackers (WG)	28 Pretzels (WG) Sunflower Seeds	29 Bug Bites (WG) String Cheese	

WG= Whole Grain NF=Non-Fat

Students must take BOTH components.

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