



May & June 2023

ACA II BREAKFAST

All
Students
Eat for
FREE!



MONDAYS

Mini Confetti Pancakes
Fruit & Juice

TUESDAYS

Crumb Square
Fruit & Juice

WEDNESDAYS

Mini Cinnis
Fruit & Juice

THURSDAYS

Muffin Top
Fruit & Juice

FRIDAYS

Bagel with Cream Cheese
Fruit & Juice

Combo Meals includes:

Special of the Day *RBST-Free!*
1% White Milk or Non-Fat Chocolate Milk
Variety of Fruits
Juice

No Meals on
Friday 5/29

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.



Nutrition Services
ANTIOCH
USD 223
(925)779-7600,
Option 2

May & June 2023

ACA II LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mini Cheeseburgers Assorted Fruits & Veggies	2 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies	3 Chicken Caesar Salad & Cheez-Its Assorted Fruits & Veggies	4 Chicken Burrito Bowl Assorted Fruits & Veggies	5 Bosco Sticks (V) Assorted Fruits & Veggies
8 Cheesy Meat Nachos Assorted Fruits & Veggies	9 Yogurt Parfait with Granola (V) Assorted Fruits & Veggies	10 Hot Dog Assorted Fruits & Veggies	11 Beef Teriyaki Bowl Assorted Fruits & Veggies	12 Galaxy Pepperoni Pizza Assorted Fruits & Veggies
15 Carnitas Burrito Bowl (P) Assorted Fruits & Veggies	16 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies	17 Chicken Caesar Salad & Cheez-Its Assorted Fruits & Veggies	18 Chicken Burrito Bowl Assorted Fruits & Veggies	19 Bosco Sticks (V) Assorted Fruits & Veggies
22 Cheesy Meat Nachos Assorted Fruits & Veggies	23 Yogurt Parfait with Granola (V) Assorted Fruits & Veggies	24 Hot Dog Assorted Fruits & Veggies	25 Beef Teriyaki Bowl Assorted Fruits & Veggies	26 Galaxy Pepperoni Pizza Assorted Fruits & Veggies
29 	30 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies	31 Chicken Burrito Bowl Assorted Fruits & Veggies	June 1 Chicken Caesar Salad & Cheez-Its Assorted Fruits & Veggies	June 2 Bosco Sticks (V) Assorted Fruits & Veggies
June 5 Cheesy Meat Nachos Assorted Fruits & Veggies	June 6 Yogurt Parfait with Granola (V) Assorted Fruits & Veggies	June 7 Hot Dog Assorted Fruits & Veggies	June 8 Manager's Special Assorted Fruits & Veggies	June 9 Galaxy Pepperoni Pizza Assorted Fruits & Veggies

P=Contains Pork V=Vegetarian

Combo Meals includes:

Entree Special
Fruit or Juice of the Day (1/2 cup)
Vegetable of the Day (1/2 cup) &
Baby Carrots (1/4 cup)
(Must take 1/2 cup Fruit or Vegetable)
Choice of 1% White Milk *RBST-Free!*
or Non-Fat Chocolate Milk

Allergies? A form to request substitutions is available in the cafeteria.

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