



Nutrition Services
ANTIOCH
 USD
 (925)779-7600,
 Option 2

March 2023

ACA II LUNCH



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| | | 1 Chicken Caesar Salad & Cheez-Its Assorted Fruits & Veggies | 2 Beef Teriyaki Bowl Assorted Fruits & Veggies | 3 Galaxy Pepperoni Pizza Assorted Fruits & Veggies |
| 6 Mini Cheeseburgers Assorted Fruits & Veggies | 7 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies | 8 Primo Pizza Pepperoni (P) Assorted Fruits & Veggies | 9 Spaghetti with Meatballs Assorted Fruits & Veggies | 10 Bosco Sticks (V) Assorted Fruits & Veggies |
| 13 Cheesy Meat Nachos Assorted Fruits & Veggies | 14 Chicken on a Bun Assorted Fruits & Veggies | 15 Chicken Caesar Salad & Cheez-Its Assorted Fruits & Veggies | 16 Beef Teriyaki Bowl Assorted Fruits & Veggies | 17 Galaxy Pepperoni Pizza Assorted Fruits & Veggies |
| 20 Mini Cheeseburgers Assorted Fruits & Veggies | 21 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies | 22 Chicken Burrito Bowl Assorted Fruits & Veggies | 23 Spaghetti with Meatballs Assorted Fruits & Veggies | 24 Turkey Sub Assorted Fruits & Veggies |
| 27 Chicken on a Bun Assorted Fruits & Veggies | 28 Cheesy Meat Nachos Assorted Fruits & Veggies | 29 Chicken Caesar Salad & Cheez-Its Assorted Fruits & Veggies | 30 Beef Teriyaki Bowl Assorted Fruits & Veggies | 31 Galaxy Pepperoni Pizza Assorted Fruits & Veggies |

P=Contains Pork V=Vegetarian

Combo Meals includes:

Entree Special
 Fruit or Juice of the Day (1/2 cup)
 Vegetable of the Day (1/2 cup) &
 Baby Carrots (1/4 cup)
 (Must take 1/2 cup Fruit or Vegetable)
 Choice of 1% White Milk *RBST-Free!*
 or Non-Fat Chocolate Milk

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.



March 2023

ACA II BREAKFAST



MONDAYS

Mini Confetti Pancakes
Fruit & Juice

TUESDAYS

Crumb Square
Fruit & Juice

WEDNESDAYS

Mini Cinnis
Fruit & Juice

THURSDAYS

Muffin Top
Fruit & Juice

FRIDAYS

Bagel with Cream Cheese
Fruit & Juice

Combo Meals includes:

Special of the Day *RBST-Free!*
1% White Milk or Non-Fat Chocolate Milk
Variety of Fruits
Juice

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