



Nutrition Services
ANTIOCH
 USD
 (925)779-7600,
 Option 2

February 2023

ACA II LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Teriyaki Dippers with Rice Assorted Fruits & Veggies	2 Chili with 2 Rolls Assorted Fruits & Veggies	3 Bosco Sticks (V) Assorted Fruits & Veggies
6 Mini Cheeseburgers Assorted Fruits & Veggies	7 Popcorn Chicken with 1 Roll Assorted Fruits & Veggies	8 Chicken Burrito Bowl Assorted Fruits & Veggies	9 Spaghetti with Meatballs Assorted Fruits & Veggies	10 Bosco Sticks (V) Assorted Fruits & Veggies
13 Meals provided by Family Network	14 Chicken on a Bun Assorted Fruits & Veggies	15 Teriyaki Dippers with Rice Assorted Fruits & Veggies	16 Chili with 2 Rolls Assorted Fruits & Veggies	17 Bosco Sticks (V) Assorted Fruits & Veggies
20	21	22	23	24
February Break				
27 Cheesy Meat Nachos Assorted Fruits & Veggies	28 Chicken on a Bun Assorted Fruits & Veggies			

P=Contains Pork V=Vegetarian

Combo Meals includes:

Entree Special
 Fruit or Juice of the Day (1/2 cup)
 Vegetable of the Day (1/2 cup) &
 Baby Carrots (1/4 cup)
 (Must take 1/2 cup Fruit or Vegetable)
 Choice of 1% White Milk *RBST-Free!*
 or Non-Fat Chocolate Milk

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.