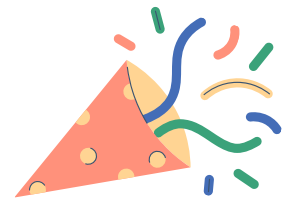




(925)779-7600,
Option 2

January 2022

ACA 1 LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
WINTER BREAK				
10 Popcorn Chicken & 1 Roll Assorted Fruits & Veggies	11 Galaxy Cheese Pizza (V) Assorted Fruits & Veggies	12 Corn Dog Assorted Fruits & Veggies	13 Chili with 2 Rolls Assorted Fruit & Veggies	14 Jumbo Cheese Ravioli (V) & 1 Roll Assorted Fruits & Veggies
17 MARTIN LUTHER KING JR. HOLIDAY	18 Grilled Cheese Sandwich (V) Assorted Fruits & Veggies	19 Chicken Nuggets with 1 Roll Assorted Fruits & Veggies	20 Green Sauce Enchiladas (V) Assorted Fruit & Veggies	21 Bosco Sticks (V) Assorted Fruits & Veggies
24 Popcorn Chicken & 1 Roll Assorted Fruits & Veggies	25 Galaxy Cheese Pizza (V) Assorted Fruits & Veggies	26 Corn Dog Assorted Fruits & Veggies	27 Chili with 2 Rolls Assorted Fruit & Veggies	28 Jumbo Cheese Ravioli (V) & 1 Roll Assorted Fruits & Veggies
31 Cheeseburger Assorted Fruits & Veggies	<p style="text-align: center;">Offered Daily: *Strawberry Yogurt & Rolls (V) *Bean & Cheese Burrito (V) *Sunbutter & Jelly Sandwich (Vegan)</p>			

P=Contains Pork V=Vegetarian

Combo Meals includes:

Entree Special
 Fruit or Juice of the Day (1/2 cup)
 Vegetable of the Day (1/2 cup) &
 Baby Carrots (1/4 cup)
 (Must take 1/2 cup Fruit or Vegetable)
 Choice of 1% White Milk or Non-Fat
 Chocolate Milk *RBST-Free!*

Alternates for Grades 6th-8th Students:

- *Monday-Breaded Hot N Spicy Drumstick with Fried Rice
- *Tuesday-Farm Fresh Sub Sandwich
- *Wednesday-Cosmic Caesar Salad with 2 Rolls
- *Thursday-Chili Cheese Burrito
- *Friday-Jumbo Cheese Ravioli (V) & 1 Roll
- *Offered Daily-Lone Tree Broiler & Primo Pizza: Cheese (V) or Pepperoni (P)
- *Assorted Chips served daily

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.