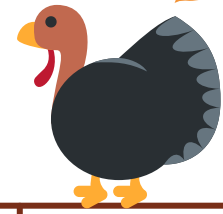




(925)779-7600,  
Option 2

# November 2021

## ACA 1 LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Gravy with Roll Assorted Fruits & Veggies <sup>1</sup>	Galaxy Pepperoni Pizza Assorted Fruits & Veggies <sup>2</sup>	Chicken on a Bun Assorted Fruits & Veggies <sup>3</sup>	Chicken Alfredo Twist Assorted Fruit & Veggies <sup>4</sup>	Corn Dog Assorted Fruits & Veggies <sup>5</sup>
"CKfc": Popcorn Chicken with Gravy, Mashed Potatoes & 1 Roll <sup>8</sup>	Galaxy Cheese Pizza (V) Assorted Fruits & Veggies <sup>9</sup>	Popcorn Chicken with Rice Assorted Fruits & Veggies <sup>10</sup>	<b>Veteran's Day</b> <sup>11</sup>	<b>No School</b> <sup>12</sup>
Turkey & Gravy with Roll Assorted Fruits & Veggies <sup>15</sup>	Galaxy Pepperoni Pizza Assorted Fruits & Veggies <sup>16</sup>	Chicken on a Bun Assorted Fruits & Veggies <sup>17</sup>	Chicken Alfredo Twist Assorted Fruit & Veggies <sup>18</sup>	Corn Dog Assorted Fruits & Veggies <sup>19</sup>
<b>— THANKSGIVING BREAK —</b>				
Turkey & Gravy with Roll Assorted Fruits & Veggies <sup>29</sup>	Galaxy Pepperoni Pizza Assorted Fruits & Veggies <sup>30</sup>	<b>Offered Daily:</b> *Strawberry Yogurt & Rolls (V) *Bean & Cheese Burrito (V) *Sunbutter & Jelly Sandwich (Vegan)		

P=Contains Pork V=Vegetarian

### Combo Meals includes:

Entree Special  
Fruit or Juice of the Day (1/2 cup)  
Vegetable of the Day (1/2 cup) &  
Baby Carrots (1/4 cup)  
(Must take 1/2 cup Fruit or Vegetable)  
Choice of 1% White Milk or Non-Fat  
Chocolate Milk *RBST-Free!*

### Alternates for Grades 6th-8th Students:

- \*Monday-Breaded Hot N Spicy Drumstick with Fried Rice
- \*Tuesday-Farm Fresh Sub Sandwich
- \*Wednesday-Cosmic Caesar Salad with 2 Rolls
- \*Thursday-Chili Cheese Burrito
- \*Friday-Chicken Corn Dog
- \*Offered Daily-Lone Tree Broiler & Primo Pizza: Cheese (V) or Pepperoni (V)

**Allergies?** A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE.**