



(925)779-7600,  
Option 2

# September 2021

## ACA 1 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Offered Daily:</b> *Strawberry Yogurt &amp; Rolls (V) *Bean &amp; Cheese Burrito (V) *Sunbutter &amp; Jelly Sandwich (Vegan)</p>		<p>Cheesy Beef Nachos Celery Sticks Mixed Fruit <sup>1</sup></p>	<p>Chili Cheese Burrito Refried Beans Apple <sup>2</sup></p>	<p>Bosco Sticks <sup>3</sup> (V) Corn Sliced Peaches</p>
<p> <sup>6</sup></p>	<p>Mandarin Chicken with Rice Green Beans Orange <sup>7</sup></p>	<p>Popcorn Chicken with 1 Roll Celery Sticks Banana <sup>8</sup></p>	<p>Enchiladas Verde Refried Beans Craisins <sup>9</sup></p>	<p>Hamburger on a Bun Corn Sliced Peaches <sup>10</sup></p>
<p>Salisbury <sup>13</sup> Steak with 2 Rolls Broccoli Diced Pears</p>	<p>Galaxy Pepperoni Pizza Broccoli Applesauce Cup <sup>14</sup></p>	<p>Cheesy Beef Nachos Celery Sticks Mixed Fruit <sup>15</sup></p>	<p>Chili Cheese Burrito Refried Beans Apple <sup>16</sup></p>	<p>Bosco Sticks <sup>17</sup> (V) Corn Sliced Peaches</p>
<p>Mandarin Chicken with Rice Broccoli Pear <sup>20</sup></p>	<p>Chicken Caesar Salad &amp; Cheez-Its Orange <sup>21</sup></p>	<p>Popcorn Chicken with 1 Roll Celery Sticks Banana <sup>22</sup></p>	<p>Enchiladas Verde Refried Beans Craisins <sup>23</sup></p>	<p>Hamburger on a Bun Corn Sliced Peaches <sup>24</sup></p>
<p>Salisbury <sup>27</sup> Steak with 2 Rolls Broccoli Diced Pears</p>	<p>Galaxy Pepperoni Pizza Broccoli Applesauce Cup <sup>28</sup></p>	<p>Cheesy Beef Nachos Celery Sticks Mixed Fruit <sup>29</sup></p>	<p>Chili Cheese Burrito Refried Beans Apple <sup>30</sup></p>	

P=Contains Pork V=Vegetarian

### Combo Meals includes:

Entree Special  
Fruit or Juice of the Day (1/2 cup)  
Vegetable of the Day (1/2 cup) &  
Baby Carrots (1/4 cup)  
(Must take 1/2 cup Fruit or Vegetable)  
Choice of 1% White Milk or Non-Fat  
Chocolate Milk *RBST-Free!*

### Alternates for Grades 6th-8th Students:

- \*Monday-Spicy Chicken on a Bun
- \*Tuesday-Farm Fresh Turkey & Swiss Sandwich
- \*Wednesday-Mexi-Cali Shaker Salad with Tortilla
- \*Thursday-Chicken on a Bun
- \*Friday-Wet Burrito
- \*Offered Daily-Lone Tree Broiler & Primo Pizza: Cheese (V) or Pepperoni (V)

**Allergies?** A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider. MENU SUBJECT TO CHANGE WITHOUT NOTICE.