



(925)779-7600,
Option 2

October 2021



ACA 2 LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Bosco Sticks (V) Assorted Fruits & Veggies
4	5	6	7	8
FALL BREAK				
11 FALL BREAK	12 Mini Cheeseburgers Assorted Fruits & Veggies	13 Egg Rolls with Rice Assorted Fruits & Veggies	14 Chicken Fajita Bowl Assorted Fruits & Veggies	15 Bosco Sticks (V) Assorted Fruits & Veggies
18 Turkey & Gravy with Roll Assorted Fruits & Veggies	19 Galaxy Pepperoni Pizza Assorted Fruits & Veggies	20 Grilled Cheese Sandwich (V) Assorted Fruits & Veggies	21 Chicken Alfredo Twist Assorted Fruits & Veggies	22 Corn Dog Assorted Fruits & Veggies
25 "CKfc": Chicken Nuggets with Gravy & Mashed Potatoes Assorted Fruit	26 Mini Cheeseburgers Assorted Fruits & Veggies	27 Egg Rolls with Rice Assorted Fruits & Veggies	28 Chicken Fajita Bowl Assorted Fruits & Veggies	29 Bosco Sticks (V) Assorted Fruits & Veggies

P=Contains Pork V=Vegetarian

Combo Meals includes:

Entree Special
Fruit or Juice of the Day (1/2 cup)
Vegetable of the Day (1/2 cup) & Baby Carrots (1/4 cup)
(Must take 1/2 cup Fruit or Vegetable) *RBST-Free!*
Choice of 1% White Milk or Non-Fat Chocolate Milk

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.