



# Antioch Charter Academy 2

## Lunch Menu October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
 <h1>October Break</h1> 				
9	10	11	12	13
*French Bread Pizza *Broccoli *Pear	*Popcorn Chicken <b>NEW!</b> *Corn *Banana	*Strawberry Yogurt Parfait *Refried Beans *Diced Pears	*Chicken Caesar Salad with Cheez-Its *Green Beans *Apples	*Bosco Sticks *Marinara Sauce *Mixed Fruit
16	17	18	19	20
*Mandarin Chicken with Rice *Broccoli *Applesauce	*French Bread Cheese Pizza (v) *Corn *Apple	*Grilled Cheese Sandwich *Edamame *Orange	*Homemade Chili with Cornbread *Green Beans *Sliced Peaches	*Turkey & Cheese Wrap *Mixed Veggies *Raisins
23	24	25	26	27
*Hamburger on a Bun *Broccoli *Pear	*Cheese Enchiladas with Red Sauce *Corn *Banana	*Cheesy Beef Nachos *Refried Beans *Sliced Pears	*Chicken Caesar Salad with Cheez-Its *Green Beans *Apple	*Bosco Sticks *Marinara Sauce *Mixed Fruit
30	31	<b>Combo Meal Prices</b> Reduced-Price: \$0.40 / Free as Eligible  <b>Allergies?</b> A form to request substitutions is available from your school office.		
*Mandarin Chicken with Rice *Broccoli *Applesauce	*Turkey with Mashed Potatoes & Roll *Apple  <b>Happy Halloween!</b>			

Apply Online for Free and Reduced-Price Meals  
[www.SchoolLunchApp.com](http://www.SchoolLunchApp.com)

**COMBO MEALS INCLUDES**

- Entrée Special
- Fruit of the Day (1/2 cup)
- Vegetable of the Day (1/2 cup) & Baby Carrots (1/4 cup)
- (Must take 1/2 cup Fruit or Vegetable)
- Choice of 1% White Milk or Non-Fat Chocolate Milk



This institution is an Equal Opportunity Provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE