



# Antioch Charter Academy 2 Lunch Menu August 2016

| Monday                                                  | Tuesday                                                        | Wednesday                                                  | Thursday                                                        | Friday                                                                                |
|---------------------------------------------------------|----------------------------------------------------------------|------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------------------|
|                                                         |                                                                | 17                                                         | 18                                                              | 19                                                                                    |
|                                                         |                                                                | *Yogurt Parfait with Roll<br>*Edamame<br>*Orange           | *Eggroll with Rice<br>*Green Beans<br>*Sliced Peaches           | *Turkey and Cheese Sub<br>*Mixed Veggies<br>*Raisins<br>*Rice Krispies Birthday Treat |
| 22                                                      | 23                                                             | 24                                                         | 25                                                              | 26                                                                                    |
| *French Bread Cheese Pizza<br>*Broccoli<br>*Pear        | *Chicken and Cheese Enchiladas<br>*Corn<br>*Fresh Banana       | *Bean and Cheese Burrito<br>*Refried Beans<br>*Diced Pears | *Chicken Caesar Salad with Cheeze-Its<br>*Green Beans<br>*Apple | *Bosco Sticks<br>*Marinara Sauce<br>*Mixed Fruit                                      |
| 29                                                      | 30                                                             | 31                                                         |                                                                 |                                                                                       |
| *Mandarin Chicken with Rice<br>*Broccoli<br>*Applesauce | *Turkey & Gravy with Mashed Potatoes & Roll<br>*Corn<br>*Apple | *Yogurt Parfait with Roll<br>*Edamame<br>*Orange           |                                                                 |                                                                                       |

### COMBO MEALS INCLUDES

Entrée Special  
 Fruit or Juice of the Day (1/2 cup)  
 Vegetable of the Day (1/2 c)  
 & Baby Carrots (1/4 cup)  
 (Must take 1/2 cup Fruit or Vegetable)  
 Choice of 1% White Milk  
 or Non-Fat Chocolate Milk

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### Combo Meal Prices

Reduced-Price: \$0.40 / Free as Eligible

Allergies? A form to request substitutions is available from your school office.